

Mainstreaming mental health

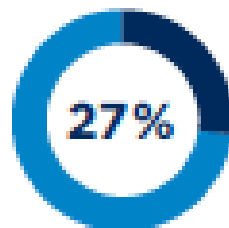
Gary Belkin, Executive Deputy Commissioner
NYC Department of Health and Mental Hygiene

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Yankee Stadiums

could not hold all the of the New Yorkers
with a lifetime diagnosis of depression



public high school students
reported feeling sad or hopeless,
a proxy for depression



IN NEW YORK CITY, ALMOST
1 in 10 mothers
who give birth every year
experience symptoms of depression

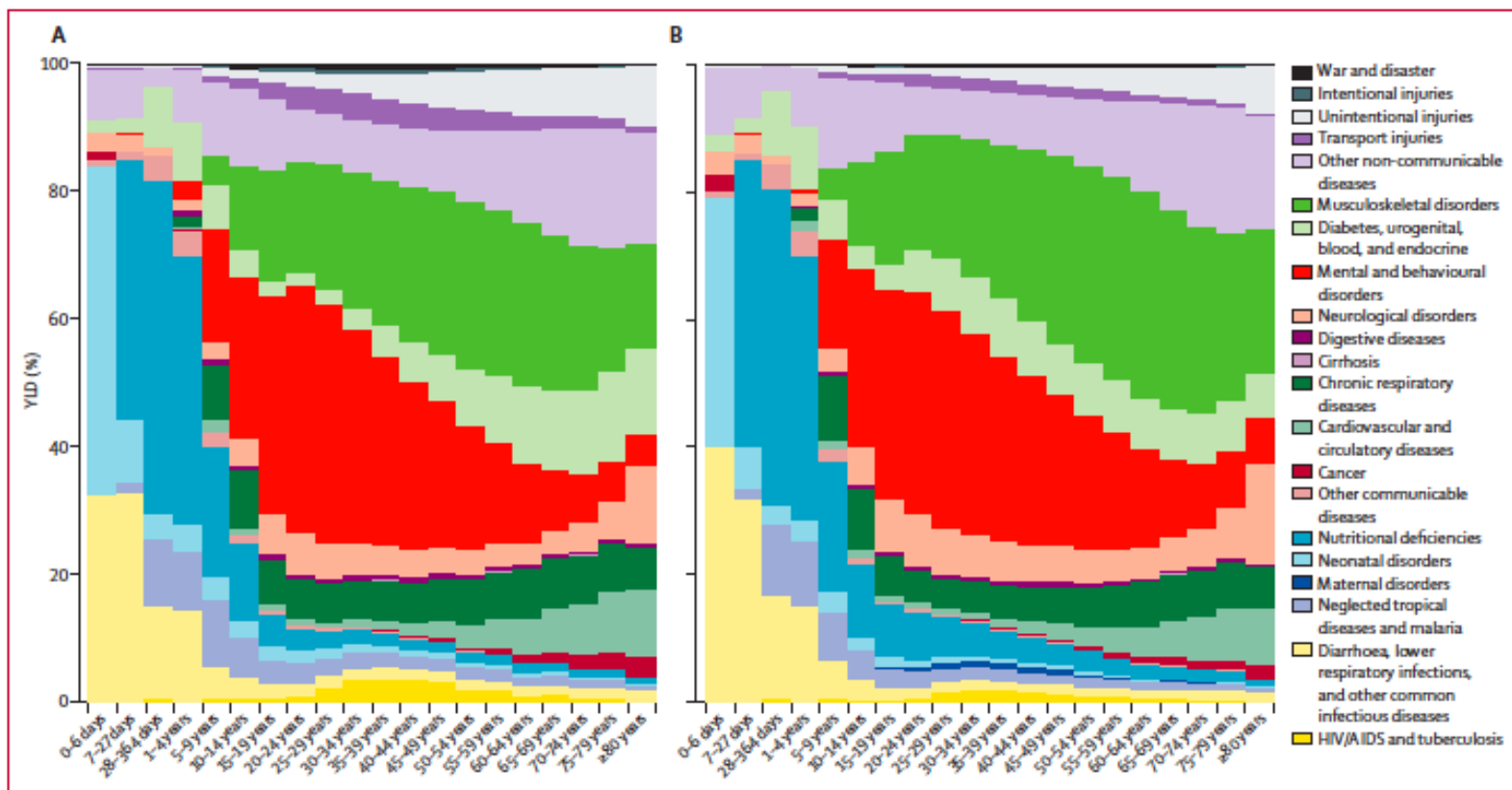


Figure 2: Percentage of years lived with disability (YLDs) in 2010, by cause and age

(A) In male individuals. (B) In female individuals. An interactive version of this figure is available online at <http://healthmetricsandevaluation.org/gbd/visualizations/regional>.

How can we:

- Spread ownership
- Close gaps and open access
- Work through communities
- Act early
- Use better data
- Innovate government